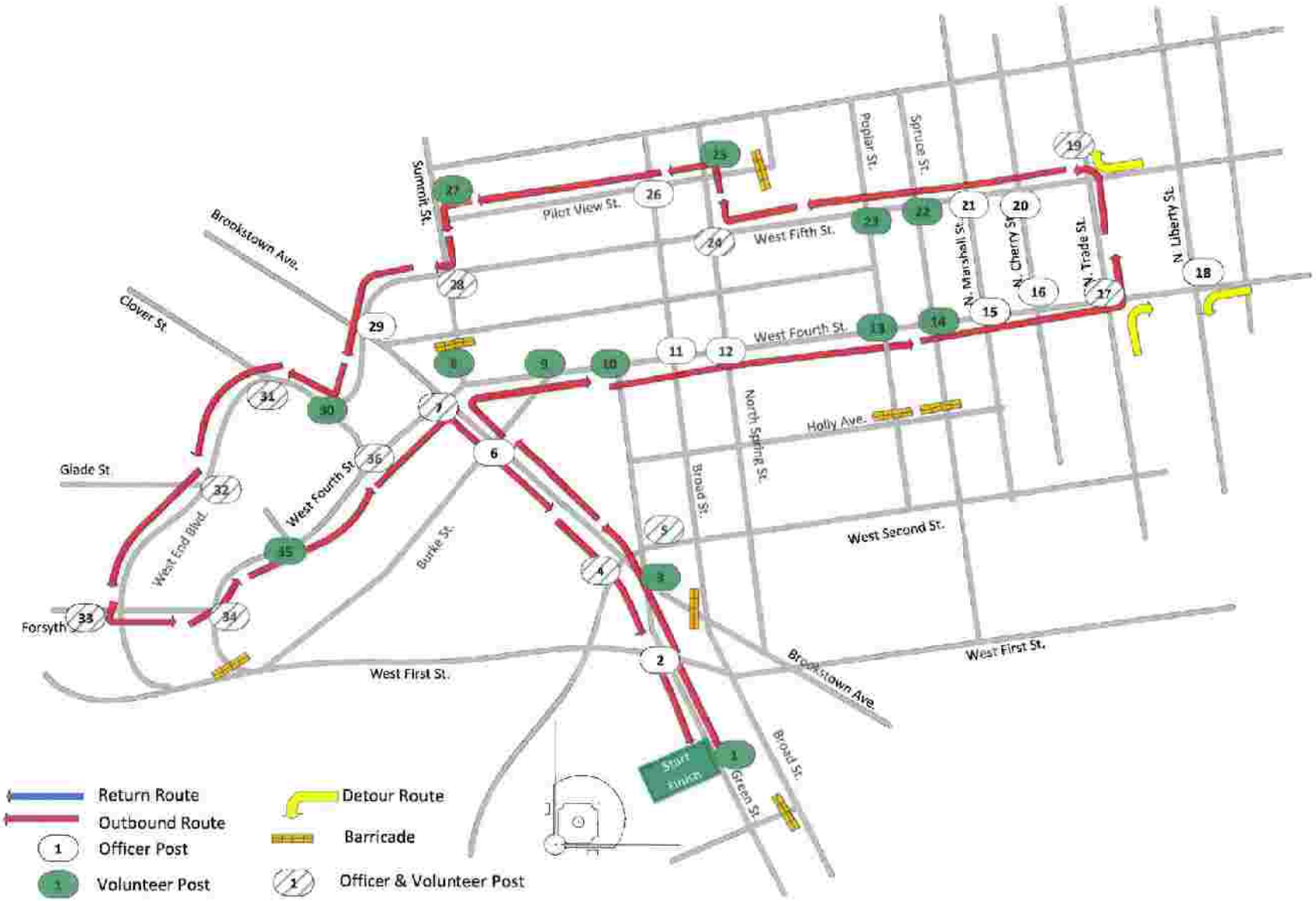
GET YOUR REAR IN GEAR - WINSTON SALEM

5K Run/Walk